

# CHIROPRACTIC IS ANTI-AGING

Chiropractic adjustments prevent the degenerative progression of aging. While many people still believe that Chiropractic care is only for people with bad backs or neck pain, millions of children under the age of 15 are adjusted every single week. Many infants and toddlers receive adjustments to increase function and performance, not to treat any symptom or condition.

One of the many unique benefits generated by a Chiropractic adjustment involves reversing or stopping the aging process. Dr. Reggie Gold eloquently advocated for the benefits of Chiropractic due to an adjustment's influence on changing body chemistry. His famously lectured to hundreds of thousands of patients worldwide on the topic of "*The Chemistry of Life.*" Although he spoke decades ago, Dr. Gold's thesis on Chiropractic becomes more relevant each through the newest and most ground-breaking research of today. Lower blood thiol levels result in faster aging and increased susceptibility to disease. Increased thiol levels reduce both aging and the disease processes.



Almost \$300 million is spent each year on anti-aging products and solutions, over a 300% increase from just five years ago. Many naturally-oriented healthcare solutions target their products and services towards anti-aging because of a growing consumer demand. People continue to look for external solutions to an issue that resolves within the power of the human body. A study from 2005 proved that a component in the blood called thiols will dictate the speed and type of aging a person experiences. Higher blood thiol levels result in faster aging and increased susceptibility to disease. Decreased thiol levels reduce both aging and the disease processes.

The combination of a deteriorating body and disease costs individuals, families, and society billions of dollars annually. Anything that reduces aging helps improve the quality of life for people and communities. The landmark study in 2005 proved that Chiropractic adjustments positively impact thiol levels and countless other hormones that regulate optimal body function. Chiropractors have been working diligently for 120 years to educate the public on the true value delivered through scientifically specific Chiropractic adjustments.

Albert Einstein stated, "*No problem can be solved from the same level of consciousness that created it.*" Einstein's insight speaks directly to the issue of transforming a broken health care system. Treating people with pills, potions, lotions, or surgery will never be as effective as improving healthcare and minimizing aging and disease through non-invasive solutions. The Chiropractic solution leads the charge towards empowering society with the health and function that frees people from the chains of medicine and disease. Forward thinking demands that health care begin with preventative action in place of the current model that reacts to symptoms with a cycle of drugs and surgery.

A new level of Chiropractic thinking will revolutionize health care and the quality of life that every person deserves.