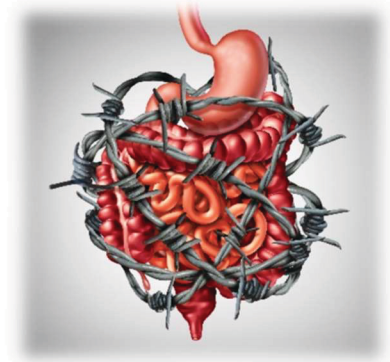


Chiropractic and Irritable Bowel Syndrome

Many adults and children suffering from digestive disorders use daily medications to alleviate the symptoms. Others find relief through dietary, supplement, and exercise changes. Few healthcare providers offer spinal care recommendations to those dealing with digestive complaints even though studies prove a direct link between the spine and digestion.

Research from 2007 revealed a connection between the structure and function of the neck and the health of the digestive system. Science backing this study shows that irritation of the cervical (neck) vertebrae creates interference in the nervous system. The increased irritability in the nervous system leads to many unwanted digestive complaints. Pain, problems, and abnormal function persists leading many sufferers to eventually get tested and labeled with having irritable bowel syndrome (IBS).



Irritable bowel syndrome (IBS) manifests as a devastating condition suffered by hundreds of millions of people across the globe. Experts estimate that approximately 15-20% of the world's population suffers with some form of IBS. Characteristics of IBS display differently in each individual. The number of people suffering from IBS continues to increase while the causes continue to plague conventional doctors and experts.

The spinal aspect goes unaddressed by most conventional healthcare professionals. Most conventional health providers and digestion experts spend time researching nutrients and foods suspected to be the IBS causing culprit. Few medical health professionals understand or look to the evidence-based spine-gut relationship.

Chiropractors see tremendous results with patients suffering from digestive complaints through the influence of spinal adjustments on whole body function. Chiropractic adjustments do not focus on healing any specific condition. The purpose of the adjustment intends to remove interference from the nervous system so the body can heal and function as designed.

Many people go through life without experiencing or understanding the full range of benefits experienced through Chiropractic care. Scientific research helps explain the significance of spinal health and why every family deserves to have their spine and nervous system health evaluated by a Chiropractor on a regular basis. Few health practices focus on proactive health with the same passion as Chiropractic care. Chiropractors use a safe, drugless approach to help kids and families of all ages experience optimal health and performance. IBS sufferers fall into a category of people who realize that drugs simply mask or temporarily alleviate symptoms of an unwanted condition. Chiropractors focus on true healing for those suffering from digestive concerns and countless other maladies. People deserve more than pills, side effects, and surgery to live life to the fullest. Maximized health begins with Chiropractic.