

Research Shows More Relief in Less Cost with Chiropractic Care

When the spine cannot move, bend, lift, or twist as designed, everything in life becomes more challenging. The need for movement becomes very evident when back pain sufferers quickly jump to consuming powerful medications for relief when back pain hinders mobility. Paying that cost goes up and the results get worse when conventional pharmaceuticals and medical care become the primary course of action to relieve back pain. Too many medical doctors still remain unaware of the evidence based researched benefits found in natural healthcare options like chiropractic.

Low back pain will affect over eighty percent of people at some point in their lives. It ranks as the single largest reason for disability in North America. Over-the-counter NSAID (non-steroidal anti-inflammatory) drugs like Advil, Aleve, and ibuprofen tend to be the first choice for most back pain sufferers. Not only do NSAID drugs carry a large list of unwanted and dangerous side effects, but they also fail to address or heal the root cause of the problem.

A study from 2015 compared the outcomes for patients with low back pain after being cared for by chiropractors versus other non-chiropractor healthcare providers. Patients who received care from a chiropractor spent a median cost of \$712 compared to \$1992 for those choosing treatment from a different provider. Patients who chose natural chiropractic care saved \$1280.

The amount of money spent on back pain solutions represents an important statistic, but indirect costs from lowered productivity also come into consideration when choosing a provider for the problem. Saving money by choosing chiropractic to help with back pain provides enough justification for why every back pain sufferer deserves to have access to chiropractic.



Research continues to show how chiropractic serves as one of the best solutions for any back pain sufferers looking for longest-lasting results with the lowest cost. So many more health benefits go hand in hand with choosing chiropractic. The health and condition of the spine directly links to the health and function of the brain and central nervous system. This scientific connection resolves countless other unwanted symptoms and conditions through chiropractic care. Chiropractors assess and address the spine and nervous system stress through small adjustments to improve mobility and increase the lines of neural communication that engineer healing and recovery within the body.

Chiropractors pursue educating the public on research that offers relief and vitality to millions of back pain sufferers. Choose relief and resolution without the use of drugs, surgery or large out-of-pocket expenses. Chiropractic works!